

How To Wash Your Hands



**Wet hands
with water**



Apply soap



**Rub hands
together**



**Use 1 hand to rub the
back of the other hand
and clean in between
the fingers. Repeat with
the other hand.**



**Rub your hands
together and clean
in between your
fingers.**



**Rub the back
of your fingers
against your
palms.**



**Rub your thumb using
your other hand. Do the
same with the other thumb.**



**Rinse with water
and dry.**